2016 JR & YOUTH SPRING PROGRAM – April 11th to June 18th

Schedule:

	Time	Opti Ages 6-15	Open BIC Ages 12+	Laser Ages 14+	420/29er 420/29er Ages 14+
Monday	4pm-6pm	Level 2 – Green Fleet Level 3 – Bronze/Silver Fleet Advanced – Gold fleet			
Tuesday	4pm-6pm		Level 2 Level 3&Adv	LTS/Level 1 Level 2 Level 3&Adv	LTS/Level 1 Level 2 Level 3 &Adv
Wednesday	4pm-6pm	LTS/Level 1 Level 3 –Bronze/Silver Fleet Advanced – Gold fleet			
Thursday	4pm-6pm	Learn to sail INTRO			LTS/Level 1 Level 2
Saturday	Morning	Learn to sail INTRO Learn to sail/Level 1 9am-12am			
	Afternoon	Level 2 – Green Fleet 1pm-4pm Level 3 – Bronze/Silver Fleet Advanced – Gold Fleet 1pm-5pm			
Sunday	TBD	Team RHADiCal Racing	Team RHADiCal Racing	Team RHADiCal racing	Team RHADiCal racing

Please note there will be NO LESSONS on May 24th.

Terms and Conditions:

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Cost for the course	Members	Jr members	Non-members
2 hrs. Lessons (10 sessions)	$280	$340	$360
3 hrs. lessons (10 sessions)	$320	$390	$410
4 hrs. lessons (10 sessions)	$350	$420	$445

Cost for the day:	Members	Jr members	Non-members
Daily Attendance (2hrs)	$45	$50	$50
Daily Attendance (3/4hrs)	$55	$60	$60

RACE coaching $20 per Sunday – includes after racing snacks! (Green/Bronze fleet coaching is free)

Discounts: 10% 2nd child participating in the program.

Team RHADiCal packages: - 10% when signing up for two sessions per week.

-25% off your total signing up for **two 2hrs. lessons + Saturday**

Payment: Full payment is required before the beginning of the program.

Cancellations: No refund unless cancellation is received, in writing, two weeks prior to the start of the program. Exception is a medical certificate. We will charge $50 for a processing fee. There will be no refunds once the Program has started. There are no refunds for inclement weather.

What should I wear / bring? Long sleeved T-shirt and shorts, hat, bathing suit, closed-toe shoes, lifejacket, water bottle, sunscreen (on), towel, spray top or rain jacket, change of clothes. **We recommend the purchase of a spray top and boots as the water may get cold some days**. For more information please call or email us.

Levels: *The following is a description of the different levels we have in our Junior Sailing Program regardless of the boat the child sails. We hope this is helpful guidance so you can understand where or why sailors should be on a certain level or when and how they should move to a different one. The coaches will decide in which level each sailor should be, depending on age, weight, experience and/or skills.*

Learn to Sail INTRO: This is a program for 6 and 7 year old children. Children won't learn how to sail, but will have a detailed introduction into the sport. We will take younger children, only if they took our Water World course at least once and if both, parents and coaches believe the children are mature enough for this course.

Learn to Sail / Level 1: This program is for children that are 8 years old and up. We will take younger children, only if they took our Water World and Learn to Sail INTRO courses, at least once and if both, parents and coaches believe the children are mature enough for this course. **Learn to Sail:** children that never sailed before or graduating from LTS INTRO. **Level 1:** Children that completed at least one program in the Learn to Sail group.
At this level children will learn the basis of sailing and at the end of it; they will be able to handle a boat on their own (if the wind is not too strong) and recognize the different points of sail.

Level 2: **This course is for those sailors who had completed the Learn to Sail/Level 1 course at least twice.** There is no age requirement for this course; the only requirement is to know how to sail.
During this course, sailors will improve their sailing skills and the **first** goal is to make sure their boat handling improves so they can sail in any weather conditions and they can adjust their sail to the different points of sail. While working on their boat handling, children will be introduced into racing.
Green Fleet racers should sign up for this level.

Level 3: This course is for those sailors who had completed the Level 2 course and are willing to improve their sailing and racing skills by making the most of their training sessions.
During this course, sailors will improve their skills even more and the goal, although we need to make sure their boat handling keeps improving is to teach them racing techniques/tactics. By working on racing techniques, sailors will learn how to make their boat go fast and how to have full control of the boat on any sailing conditions.
Bronze/Silver Fleet racers should sign up for this level.

Advanced: Once the sailors have gone through all the previous levels they move up to advanced sailing. As the demands for a racing sailor are quite tough, coaches will advice sailors and parents if the sailor is ready or not to join this level. Once a sailor becomes an experienced racer, we must provide him/her as much coaching as possible in order to help him/her to achieve his/her goals.
Gold Fleet racers should sign up for this level.

We will also encourage all our racers to represent Bermuda at local and international regattas. In the past, the RHADC has sent teams to the Orange Bowl Regatta, Open Bic North American & World Championship

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