



## **ADULT "SAFE POWERBOATING" COURSE OUTLINE**

### **Lesson 1:**

On Land or boat

Safety equipment

Safe engine start

On the Water

Slow driving: Start and stop

U, S, Figure eight turns forward and backwards

### **Lesson 2:**

On Land or boat

VHF usage

Type of anchors

Wind understanding

On the Water

Bow to wind

Anchoring

Picking up mooring

### **Lesson 3:**

On Land or boat

Knots and docking

Man over board manoeuvre

On the Water

Docking and leaving the dock

Man over board manoeuvre

### **Lesson 4:**

On Land or boat

Hull shapes

Towing

Bermuda waters

On the Water

Fast speed manoeuvres

Start and stop

Towing and being towed

Harbour - Great Sound drive