



August, 2022

Dear Members, Parents, and Youth Sailors,

On behalf of the RHADC Sailing Committee and Sailing Director, we are pleased to share our vision for the RHADC Sailing Programme. We are immensely proud of how the RHADC Sailing Programme has continued to provide clear pathways to promote and develop sailing in Bermuda. Our new vision for the program continues in this vein and focuses on two pathways: Recreational and High Performance with both allowing sailors to develop, progress and excel from five years old through to adulthood. The overarching goal of the RHADC Sailing Programme is to provide high-quality sailing instruction and competition opportunities, including regular overseas regatta experience, whilst at the same time promoting good sportsmanship and camaraderie amongst all sailors.

The completion of this year's successful Junior Summer Sailing program this week presents a timely opportunity to debrief on some of the incredible achievements so far this year. RHADC Sailors have travelled to Denmark, Turkey, New England, the UK, New Jersey and Canada to fly both our Flag and that of Bermuda. This includes Optimist, Laser and even adult sailors. None of this would be possible without the efforts of all of our sailing instructors, who, in addition to their coaching on island, also support the youth sailors at overseas events.

With a forward-looking view, we continue to develop exciting travel plans for both Optimist and Laser sailors. Additionally, fitness and nutrition are critical in our sailors' development and performance, and we will be engaging with a nutritionist and expanding our coaching capability throughout the year.

We are delighted to introduce the RHADC High Performance Programme and look forward to witnessing our sailors progression through the sailing pathways available. Without a doubt this Programme ushers in a new era for Youth Sailing at the club and we are very excited to see what our sailors can achieve with the support provided.

Yours sincerely,

Roger Beach

Vice Commodore & Chairman of the Sailing Committee