

# RHADC Lunch Menu

## Starters

### **Mozzarella & Tomato Salad \$18.**

Fresh Mozzarella & Tomato, Sweet Green Peas Hummus,  
seared Pearl Onions,  
Fresh Herbs Olive Oil & Balsamic Glaze Drizzled, with Bread Sticks  
*(Gluten Free without bread)*

### **Shrimp & Spicy Tuna Poke Bowl \$25.**

Chilled Shrimp, & Spicy Tuna served on a Bed of Rice,  
Edamame Beans, Radish,  
Cucumbers, Julienne cut Carrots, Pickled Ginger & Seaweed Salad  
with a side of Sesame Ginger Teriyaki Sauce  
*(Can also be available as a Main Course)*

### **Roast-Beef Croque Monsieur \$20.**

Sliced Brioche Bread filled with Roast-Beef &  
Gruyere Cheese topped with  
Cheese Bechamel & served with a side House Salad.

### **Turkey or Ham Croque Madame \$20.**

Sliced Brioche Bread filled with Roasted Turkey &  
Gruyere Cheese  
topped with Cheese Bechamel & served with a side House Salad.  
*(With a Fried Egg on top)*

### **Local Fish Chowder \$11.**

Laced with Gosling's Black Seal Rum &  
Outerbridge's Sherry Pepper Sauce

### **Soup of the Day \$9.**

Chef creation is made Daily.

*Gluten-Free Bread is also available upon request*

# RHADC Lunch Menu

## Main Salads

### Classic Caesar Salad \$16.

Romaine Lettuce tossed in a Classic Caesar Dressing,  
Parmesan Shaving & Garlic Herbs Croutons  
(Vegetarian Gluten Free without croutons)

starter size \$14.

Add Chicken \$8. Add Crispy Bacon \$8.

Add Smoked Salmon \$10. Add Flat Grilled Shrimp \$10.

### Superfood Salad Bowl \$18.

Green Leaf Salad, Broccoli Florets, Red Cabbage,  
toasted Almond,

Pumpkin & Sunflower Seed, dry Cranberries &  
Quinoa served with a Maple Mustard Dressing

(Vegan) starter size \$16.

Add Chicken \$8. Add Crispy Bacon \$8.

Add Smoked Salmon \$10. Add flat Grilled Shrimp \$10.

### Chef's Salad \$29.

Swiss & Cheddar Cheese, Roasted Turkey & Ham,  
Hard-boiled Egg,

Cherry Tomatoes, English Cucumber, & Olives on a Bed of Mixed Greens  
With a side of Age Balsamic Honey Mustard Vinaigrette

(Gluten-Free)

### Basket of Warm Bread \$2.

Butter or balsamic & Extra Virgin Olive Oil

*Gluten-Free Bread is also available upon request*

# RHADC Lunch Menu

## Main Dishes

### Rhade Club Sandwich \$20.

Roasted Turkey, Virginia Ham, Lettuce, Tomato, & Muenster Cheese with Mango Chutney, Basil Aioli & your choice of Wheat or White sliced Bread & a choice of Potato, or Sweet Potato Fries, Onion Rings, Caesar, or House Salad

### Shrimp Po'Boy \$26.

Louisiana Spiced Fried Shrimp, Shredded Iceberg Lettuce, Fresh Tomato with a Creamy Creole Remoulade Sauce on a Hoagie Roll & your choice of Potato or Sweet Potato Fries, Onion Rings, Caesar, or House Salad

### Build YOUR Angus Burger \$20.

Grilled Burger, Bell Peppers & Red Onion Jam, Lettuce & Tomato on a Brioche Bun with a choice of French, or Sweet Potato Fries, Onion Rings, Caesar, or House Salad

*(Gluten-Free bread available upon request)*

Add Crispy Bacon \$4. Add Sautéed Onions \$2. Add Sautéed Mushrooms \$4.  
Your choice of Cheddar, Swiss or Pepper Jack Cheese \$2.

### Codfish Cake Sandwich \$24.

Golden Fried Cod Fish Cake, Loquat & Mango Chutney served on a Potato Onion Bun, with Lettuce & Tomato & your choice of French, or Sweet Potato Fries, Onion Rings, Caesar, or House Salad.

### Steak Sandwich \$26.

Thinly sliced Roast-Beef served on toasted Baguette Sandwich Bread, Horseradish Mayonnaise, Caramelized Vidalia Onion & Melted Swiss Cheese with your choice of French, or Sweet Potato Fries, Onion Rings, Caesar, or House Salad.

### Daily Fish Special

Prepared Fresh Daily

Market Price

*(Please ask your Server)*

*Gluten-Free Bread is also available upon request*

# RHADC Lunch Menu

## Main Dishes Continued

### Tandoori Chicken Wrap **\$24.**

Sliced Tandoori Marinated Chicken Thigh, English Cucumber, Pineapple, Lettuce & Tomato, Honey Mustard Yogurt Dressing with your choice of French, or Sweet Potato Fries, Onion Rings, Caesar, or House Salad.

### 3 Egg Omelets **& \$14.**

3 Egg Omelet prepared with your choice of 3 ingredients.  
Onions, Diced Tomatoes, Bell Peppers, Mushrooms, Spinach

Choice of meats: Ham, Bacon, Sausage

Choice of Cheeses: Cheddar, Swiss, Parmesan, & Feta

## Pizza & Pasta

### Individual or Family size Pizza

#### Classic Margherita

Individual **\$20** & Family Size **\$26.**

Tomato Sauce, Mozzarella Cheese & Oregano  
*(Vegetarian)*

#### Meat Fest

Individual **\$26.** Family Size **\$30.**

Tomato Sauce, Mozzarella Cheese, Bacon, Salami, Pepperoni, Sausage & more

#### Gluten-Free Penne Smoked Salmon **\$26.**

Corn Penne Pasta, Smoked Salmon & Baby Spinach  
tossed in a Garlic White Wine Light Cream Sauce

#### Side Orders **\$8.**

French Fries, Sweet Potato Fries, Onion Rings, Caesar, or House Salad

Avocado **\$6.**

*Gluten-Free Bread is also available upon request*